

June Breakfast

(WG) = Whole Grain

Serving Sizes (Ages 1-2)	Mon	Tue	Wed	Thu	Fri	Serving Sizes (Ages 3-5)
Grain: 1/2 Slice/Serv/1/4 Cup Fruit: 1/4 Cup Milk: 1/2 Cup* A	1 Rice Krispies Fruit Cocktail Milk	2 Toast w/jelly Apple Sauce Milk	3 Oatmeal (WG) Apples Milk	4 Biscuit w/jelly Bananas Milk	5 French Toast Sticks Apples Milk	Grain: 1/2 Slice/Serv/1/4 Cup Fruit: 3/4 Cup Milk: 3/4 Cup*
	8 Kix Cereal Peaches Milk	9 Waffles (WG) Apples Milk	10 Cornflakes Oranges Milk	11 Cheerios (WG) Bananas Milk	12 Bagels w/cream cheese Bananas Milk	
	15 Rice Krispies Fruit Cocktail Milk	16 Oatmeal (WG) Apples Milk	17 Cinnamon Toast Apples Milk	18 Biscuit w/jelly Oranges Milk	19 English Muffin w/jelly Bananas Milk	
	22 Bagels (WG) w/cream cheese Peaches Milk	23 Kix Cereal Pineapple Milk	24 French Toast Sticks Apples Milk	25 Toast w/jelly Bananas Milk	26 Pancakes Bananas Milk	
*Whole, unflavored milk is served to children one year of age and 1 percent, unflavored milk to all children two years of age and older.	29 Rice Krispies Oranges Milk	30 Biscuit w/jelly Apples Milk				This institution is an equal opportunity provider.