

# June Snack

(WG) = Whole Grain

Serving Sizes (Ages 1-2)	Mon	Tue	Wed	Thu	Fri	Serving Sizes (Ages 3-5)
Grain: 1/2 Slice/ Serving <b>A</b> Veg/Fruit:: 1/2 Cup Protein *1/4 Cup/ 1/8 Cup** Milk*/Juice/Water 1/2 Cup	1 Saltine Crackers Cheese	2 Oatmeal Cookies Milk	3 Cheese Its 100% Apple Juice	4 Carrots w/Dressing Goldfish Pretzels (WG)	5 Greek Yogurt* Bananas	Grain: 1/2 Slice/Serving Veg/Fruit:: 1/2 Cup Protein *1/4 Cup/ 1/8 Cup** Milk*/Juice/Water 1/2 Cup
	8 Goldfish Crackers (WG) 100% Apple Juice	9 String Cheese Oranges	10 Graham Crackers Milk	11 Celery w/Dressing Cheese Its	12 Animal Crackers Apple Sauce	
	15 Goldfish Pretzels (WG) 100% Apple Juice	16 Graham Crackers Oranges	17 Cheerios (WG) Milk	18 Greek Yogurt* Bananas	19 Carrots w/Dressing Wheat Crackers (WG)	
	22 Oranges Ritz Crackers	23 Oatmeal Cookies Milk	24 Saltine Crackers 100% Apple Juice	25 Wheat Crackers (WG) Apples	26 Celery w/Dressing Cheese Its	
*Whole, unflavored milk is served to children one year of age and 1 percent unflavored milk to all children two years of age and older.	29 String Cheese Pears	30 Cheerios (WG) Milk				This institution is an equal opportunity provider.

\*\*\*All Snacks are served with Water unless otherwise noted.