

August Breakfast

(WG) = Whole Grain

Serving Sizes (Ages 1-2)	Mon	Tue	Wed	Thu	Fri	Serving Sizes (Ages 3-5)
Grain: 1/2 Slice/Serv/1/4 Cup Fruit: 1/4 Cup Milk: 1/2 Cup* C	3 Rice Krispies Fruit Cocktail Milk	4 Oatmeal (WG) Apples Milk	5 Cinnamon Toast Apples Milk	6 Biscuit w/jelly Oranges Milk	7 English Muffin w/jelly Bananas Milk	Grain: 1/2 Slice/Serv/1/4 Cup Fruit: 3/4 Cup Milk: 3/4 Cup*
	10 Bagels (WG) w/cream cheese Peaches Milk	11 Kix Cereal Pineapple Milk	12 French Toast Sticks Apples Milk	13 Toast w/jelly Bananas Milk	14 Pancakes Bananas Milk	
	17 Rice Krispies Oranges Milk	18 Biscuit w/jelly Apples Milk	19 Cinnamon Toast Apple Sauce Milk	20 Waffles (WG) Bananas Milk	21 Corn Flakes Bananas Milk	
	24 Kix Cereal Apples Milk	25 French Toast Sticks Peaches Milk	26 Oatmeal (WG) Pears Milk	27 English Muffin w/jelly Oranges Milk	28 Rice Krispies Apples Milk	
*Whole, unflavored milk is served to children one year of age and 1 percent, unflavored milk to all children two years of age and older.	31 Corn Flakes Oranges Milk					This institution is an equal opportunity provider.