

May Breakfast

(WG) = Whole Grain

All Cereals Meets Sugar Limit Guidelines

Serving Sizes (Ages 1-2)	Mon	Tue	Wed	Thu	Fri	Serving Sizes (Ages 3-5)
Grain: 1/2 Slice/Serv/ 1/4 Cup Fruit: 1/4 Cup Milk: 1/2 Cup* C	3 Rice Krispies Fruit Cocktail Milk	4 Oatmeal (WG) Apples Milk	5 Cinnamon Toast Apple Sauce Milk	6 Biscuit w/jelly Oranges Milk	7 English Muffin w/jelly Apple Sauce Milk	Grain: 1/2 Slice/Serv/ 1/4 Cup Fruit: 3/4 Cup Milk: 3/4 Cup*
	10 Bagels (WG) w/cream cheese Apples Milk	11 Kix Cereal Pineapple Milk	12 French Toast Sticks Apples Milk	13 Toast w/jelly Bananas Milk	14 Pancakes Bananas Milk	
	17 Rice Krispies Oranges Milk	18 Biscuit w/jelly Apples Milk	19 Cinnamon Toast Apple Sauce Milk	20 Oatmeal (WG) Peaches Milk	21 Corn Flakes Apples Milk	
	24 Kix Cereal Apples Milk	25 French Toast Sticks Peaches Milk	26 Waffles (WG) Pears Milk	27 Bagels (WG) w/cream cheese Oranges Milk	28 Rice Krispies Apples Milk	
*Whole, unflavored milk is served to children one year of age and 1 percent, unflavored milk to all children two years of age and older.	31 CLOSED for Memorial Day					This institution is an equal opportunity provider.