

(WG) = Whole Grain

May Lunch

Serving Sizes (Ages 1-2)	Mon	Tue	Wed	Thu	Fri	Serving Sizes (Ages 3-5)
Protein :1 Ounce / 1/4 cup** Grain: 1/2 Slice/ Serv/1/4 Cup Veg: 1/8 Cup Fruit: 1/8 Cup C	3 Rotini (WG) Mac & Cheese Peas/Carrots Peaches	4 Veg. Baked Beans Saltine Crackers Corn Fruit Cocktail	5 BBQ Chicken Sandwiches Mixed Veggies Oranges	6 Beans & Rice (WG) Peas & Carrots Honey Dew Melon	7 Ground Turkey & Cheese Tacos Salad Apples	Protein :1.5 Ounce / 3/8 cup** Grain: 1/2 Slice/ Serv/1/4 Cup Veg: 1/4 Cup Fruit: 1/4 Cup
	10 Cheese Ravioli Broccoli Apples	11 Turkey/Cheese Wraps (WG) Corn Apples	12 Chicken & Rice Soup (WG) Mixed Veggies Mandarin Oranges	13 Turkey Sloppy Joe Sandwiches Green Beans Apples	14 Meat Sauce Baked Penne (WG) Corn Cantaloupe	
	17 Cheese Quesadillas (WG) Green Beans Mandarin Oranges	18 Cheese Pizza English Muffin Green Beans Oranges	19 Chicken Teriyaki Rice (WG) Broccoli Pineapple	20 Turkey Chili Beans Carrot Sticks Saltine Crackers Pears	21 Chicken Salad Sandwiches Salad Mandarin Oranges	
	24 Veg. Baked Beans Cornbread Mixed Veggies Oranges	25 Rotini (WG) Mac & Cheese Green Beans Apples	26 Chicken & Spanish Rice (WG) Mixed Veggies Oranges	27 Meat Sauce Spaghetti (WG) Corn Watermelon	28 Chicken Alfredo Penne Pasta (WG) Broccoli Oranges	
*Whole, unflavored milk is served to children one year of age and 1 percent, unflavored milk to all children two years of age and older.	31 CLOSED for Memorial Day					This institution is an equal opportunity

*****Lunch is served with Milk.**